

## Principal Alternative Credit

### MIDDLE MARKET DIRECT LENDING

# Direct Lending: Prepared for a cycle

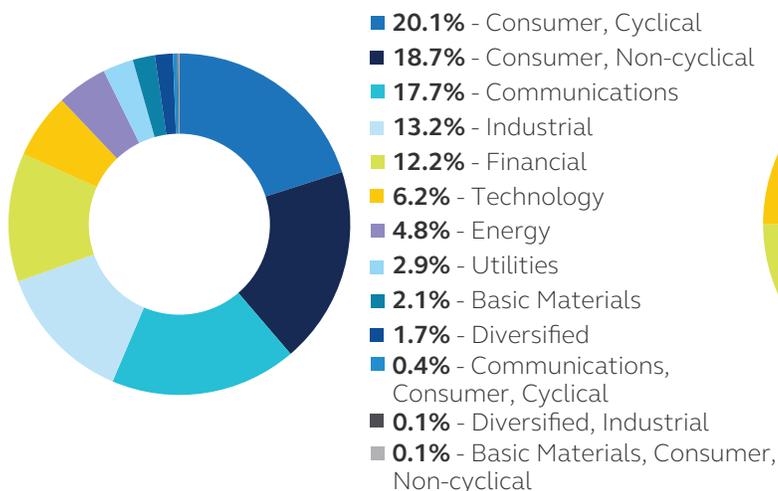
Many clients have asked us how we think direct lending portfolios are positioned relative to prior periods of stress like the Global Financial Crisis (GFC) or COVID-19. Although there are always some differences across economic cycles, we think it is informative to understand how the asset class is positioned from an industry, borrower cash flow, and leverage / loan-to-value (LTV) perspective relative to how the asset class was positioned going into prior periods of stress. Principal Alternative Credit believes managers are best positioned to weather an upcoming recession who have:

- keenly focused on borrower cash flows and ability to service debt;
- lent to companies in less cyclical industries with more stable revenue profiles; and
- avoided the highest levered deals of the last several years.

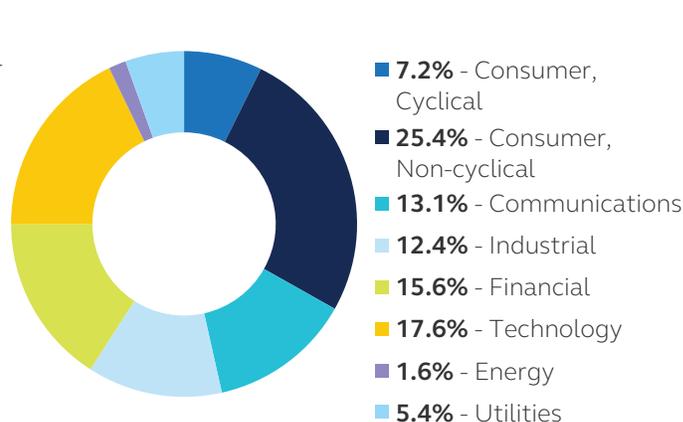
### INDUSTRY PROFILE

Due to the scars of the GFC, many investors in the private equity community and direct lenders have migrated away from the more cyclical industries like capital goods, manufacturing, and consumer cyclicals. Data from Bloomberg on announced private equity buyout transactions demonstrates this trend with 2005-2006 mergers and acquisitions (M&A) volume being 20% consumer cyclical compared to 7% consumer cyclical for the same data from 2021-2023.

**2005-2006** private equity M&A activity by industry



**2021-2023** private equity M&A activity by industry

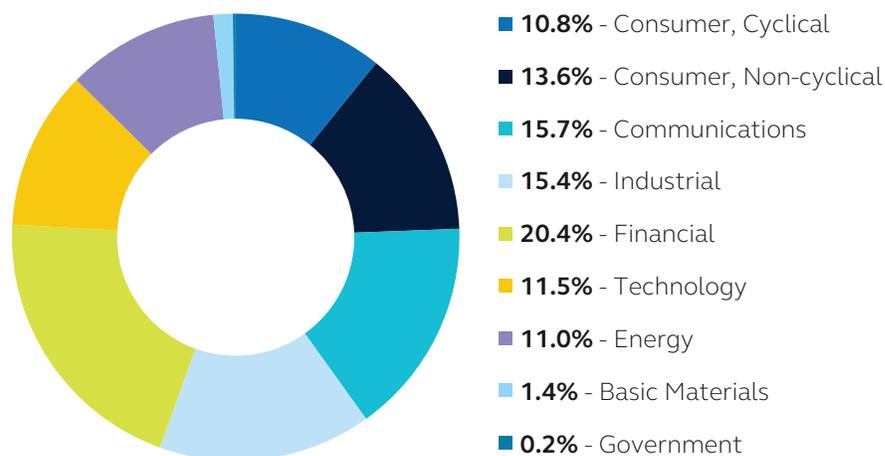


As of 31 December 2023. Source Bloomberg.

More stable revenue and cash flow generative industries like technology have represented much of the M&A volume, as private equity firms and lenders focus on companies with a more recurring business mix – a key learning from COVID-19 and the GFC. Technology represents 18% of 2021-2023 M&A volume compared to 6% in the 2005-2006 data, and 12% in 2018 and 2019 heading into COVID-19.

This pivot to less cyclical industries with more recurring cash flow should help provide relative stability in middle market direct lending.

2018-2019 private equity M&A activity by industry



As of 31 December 2023. Source Bloomberg.

## LEVERAGE

Equity contributions to deals have increased significantly since the GFC when transactions were routinely financed with 30% - 35% of equity in the capital structure, compared to 50% - 60%+ over the past several years. Average leverage ratios peaked at over 6x prior to the financial crisis according to Leverage Commentary and Data (LCD) but hover around 4.7x today. That trend has occurred over a time period where private equity shifted away from lower enterprise value multiple businesses as noted above, to higher multiple software, healthcare, and consumer and business services platforms with more recurring cash flow.

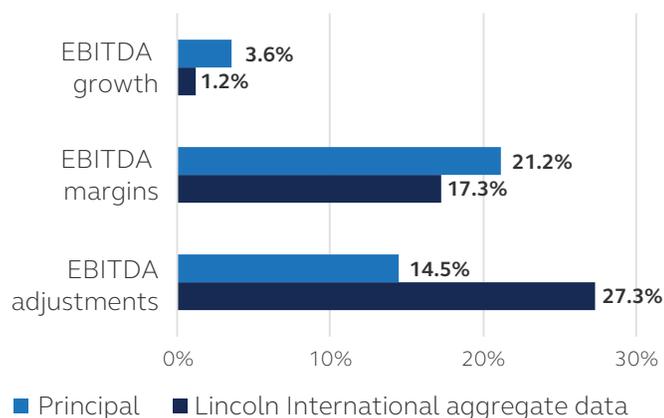
However, covenant protections have dwindled since the financial crisis according to LCD. Most borrowers pre financial crisis were required to have a senior leverage, total leverage, fixed charge coverage ratio (FCCR), and sometimes capital expenditures covenant. That data is artificially impacted by the fact that having both a senior leverage and total leverage covenant are less applicable today, as the market was historically a senior / mezzanine financed market compared to a primarily first lien only market today. However, even adjusting for that difference, covenant protections have diminished. Principal Alternative Credit focuses on the lower middle market where FCCR and leverage covenants have and remain key staples of credit agreements, allowing for early detection of any credit issues and an opportunity to get to the negotiating table prior to payment defaults.

## CASH FLOWS

Discerning a borrower’s ability to consistently service debt is fundamental to avoiding defaults and losses. Those lenders who focus on the lower middle market, where leverage levels and relative debt burdens tend to be lower than the broad middle market, will benefit from having exposure to borrowers more able to service debt in today’s rate environment. The secured overnight financing rate (SOFR) will likely decline in a recession, and borrower cash flows will benefit if that turns out to be the case. However, we believe the lead-in to a recession is critical. In our experience, it’s the borrowers that “limp into” recessions who have the most difficulty powering through them, as having substantial free cash flows to reinvest in and maintain operations is critical to maintain or grow enterprise value in advance of and during a recession. Further, since first lien lending has

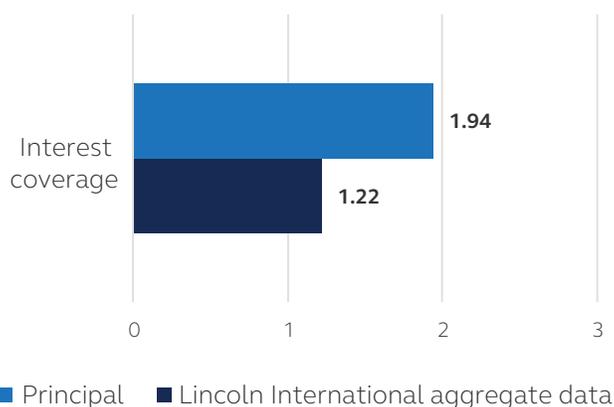
increasingly taken out the portion of the market that used to be financed with mezzanine debt, there won’t be as much mezzanine interest to “turn off” during a crisis. This means those lenders who did the highest levered deals over the past several years are more likely to PIK (payment-in-kind) their own interest in recessionary times. Lincoln Financial recently released data suggesting that if the SOFR remains above 5%, the average interest coverage will decline to around 1.2x on average for middle market direct lending portfolios. Principal’s portfolio averages over 1.9x interest coverage in this higher rate environment due to its focus on underwriting a borrower’s ability to generate consistent cash flow through a cycle and its emphasis on the lower middle market where debt burdens are more manageable.

### High free cash flow borrowers



As of 31 December 2023. Source: Lincoln international 2023 year over year growth rate. Lincoln International provides a valuation of the direct lending market.

### Interest coverage at higher rates



As of 31 December 2023. Source: Lincoln International data. Lincoln International provides a valuation of the direct lending market.

## CONCLUSION

Recessions always bring challenging times for risk assets. According to data from Cliffwater, non-accruals reached an all-time high of approximately 6% for the direct lending market during the financial crisis. Since that time, direct lenders and private equity have increasingly focused on recession-resilient, more-recurring-revenue businesses. Investors should be mindful of managers’ approach to covenants and leverage levels, but the private middle market lending industry does appear well positioned from an LTV / leverage perspective compared to prior crisis periods. We believe non-accruals will likely peak at 3% - 4%, considerably less than the higher levels reached during the GFC. This more moderate default rate coupled with current double-digit coupons and anticipated relatively strong recovery levels, should bode well for direct lending returns through the cycle.

## Risk Considerations

Past performance is no guarantee of future results. Investing involves risk, include possible loss of principal invested. Investments in private debt, including leveraged loans, middle market loans, and mezzanine debt, are subject to various risk factors, including credit risk, liquidity risk and interest rate risk.

## Important Information

This material covers general information only and does not take account of any investor's investment objectives or financial situation and should not be construed as specific investment advice, a recommendation, or be relied on in any way as a guarantee, promise, forecast or prediction of future events regarding an investment or the markets in general. The opinions and predictions expressed are subject to change without prior notice. The information presented has been derived from sources believed to be accurate; however, we do not independently verify or guarantee its accuracy or validity. Any reference to a specific investment or security does not constitute a recommendation to buy, sell, or hold such investment or security, nor an indication that the investment manager or its affiliates has recommended a specific security for any client account. Subject to any contrary provisions of applicable law, the investment manager and its affiliates, and their officers, directors, employees, agents, disclaim any express or implied warranty of reliability or accuracy and any responsibility arising in any way (including by reason of negligence) for errors or omissions in the information or data provided.

This material may contain 'forward-looking' information that is not purely historical in nature and may include, among other things, projections and forecasts. There is no guarantee that any forecasts made will come to pass. Reliance upon information in this material is at the sole discretion of the reader.

Indices are unmanaged and do not take into account fees, expenses, and transaction costs and it is not possible to invest in an index.

Principal Global Investors, LLC (PGI) is registered with the U.S. Commodity Futures Trading Commission (CFTC) as a commodity trading advisor (CTA), a commodity pool operator (CPO) and is a member of the National Futures Association (NFA). PGI advises qualified eligible persons (QEPs) under CFTC Regulation 4.7.

This document is intent for use in:

- The United States by Principal Global Investors, LLC, which is regulated by the U.S. Securities and Exchange Commission.
- Europe by Principal Global Investors (Ireland) Limited, 70 Sir John Rogerson's Quay, Dublin 2, D02 R296, Ireland. Principal Global Investors (Ireland) Limited is regulated by the Central Bank of Ireland. Clients that do not directly contract with Principal Global Investors (Europe) Limited ("PGIE") or Principal Global Investors (Ireland) Limited ("PGII") will not benefit from the protections offered by the rules and regulations of the Financial Conduct Authority or the Central Bank of Ireland, including those enacted under MiFID II. Further, where clients do contract with PGIE or PGII, PGIE or PGII may delegate management authority to affiliates that are not authorized and regulated within Europe and in any such case, the client may not benefit from all protections offered by the rules and regulations of the Financial Conduct Authority, or the Central Bank of Ireland. In Europe, this document is directed exclusively at Professional Clients and Eligible Counterparties and should not be relied upon by Retail Clients (all as defined by the MiFID)
- United Kingdom by Principal Global Investors (Europe) Limited, Level 1, 1 Wood Street, London, EC2V 7 JB, registered in England, No. 03819986, which is authorized and regulated by the Financial Conduct Authority ("FCA").
- United Arab Emirates by Principal Global Investors LLC, a branch registered in the Dubai International Financial Centre and authorized by the Dubai Financial Services Authority as a representative office and is delivered on an individual basis to the recipient and should not be passed on or otherwise distributed by the recipient to any other person or organisation.
- Singapore by Principal Global Investors (Singapore)Limited (ACRA Reg. No. 199603735H), which is regulated by the Monetary Authority of Singapore and is directed exclusively at institutional investors as defined by the Securities and Futures Act 2001.
- This advertisement or publication has not been reviewed by the Monetary Authority of Singapore.
- Australia by Principal Global Investors (Australia) Limited (ABN 45 102 488 068, AFS Licence No. 225385), which is regulated by the Australian Securities and Investments Commission and is only directed at wholesale clients as defined under Corporations Act 2001.
- This document is marketing material and is issued in Switzerland by Principal Global Investors (Switzerland) GmbH.
- Hong Kong SAR (China) by Principal Asset Management Company (Asia) Limited, which is regulated by the Securities and Futures Commission. This document has not been reviewed by the Securities and Futures Commission.
- Other APAC Countries/ Jurisdictions. This material is issued for Institutional Investors only (or professional/sophisticated/qualified investors, as such term may apply in local jurisdictions) and is delivered on an individual basis to the recipient and should not be passed on, used by any person or entity in any jurisdiction or country where such distribution or use would be contrary to local law or regulation.
- Principal Global Investors is not acting as agent for, or in conjunction with any Principal Financial Group affiliate domiciled in Mexico.

© 2024 Principal Financial Services, Inc. Principal®, Principal Financial Group®, Principal Asset Management, and Principal and the logomark design are registered trademarks and service marks of Principal Financial Services, Inc., a Principal Financial Group company, in various countries around the world and may be used only with the permission of Principal Financial Services, Inc. Principal Asset Management<sup>SM</sup> is a trade name of Principal Global Investors, LLC. Principal Alternative Credit is an investment team within Principal Global Investors.